

# COURAGE UNDER FIRE

TAKING THE RIGHT STEPS  
IN PREVENTION AND  
INJURY MANAGEMENT

TUESDAY, 5 JUNE 2007  
ADELAIDE ENTERTAINMENT CENTRE

In the ever changing world of injury prevention and injury management, practitioners can often feel as though they are constantly inundated with demands from key stakeholders.

Courage under fire will arm the practitioner with knowledge, skills and innovative practices in all facets of injury management with sessions covering prevention, claims management, rehabilitation and personal development.

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Safety Institute of Australia Inc  
South Australian Division

# SESSION SUMMARY

**8.30am Registration**

**9.00am Opening Remarks**

**9.10am**

**Peter Barth**

*University of Connecticut, USA*

World Leader in Workers Compensation Schemes

## **International Keynote Address: Workers Compensation or Pension Scheme?**

The contentious issue at the moment is the ever increasing unfunded liability associated with the South Australian Workers Compensation scheme. Despite the legislature's original intention when drafting the Act, the pension aspect of the scheme is now in debate as the affordability of the current provisions comes under review. WorkCover and self insured companies are becoming increasingly frustrated about the limited options available to limit claim liability for such claims.

How are other "pension" schemes managing their long-term claims in order to limit funding blow-outs? In addition, where a "pension" scheme has been in existence and re-structured to reduce such liabilities, what is the experience that has followed?

**10.00am**

**Dr. Matthew Thomas**

*Research Fellow Centre for Applied Behavioural Science,  
University Of South Australia*

## **Implementing Effective Strategies to Reduce Human Error – Developing a Human Error Plan**

In response to the ubiquity of human error, it has been suggested that a key to maintaining safety in high risk industries lies in the development of specific error management training programs.

Dr Thomas will discuss:

- Understanding human error and how you can mitigate risks
- Managing individual error and building error tolerant systems

**10.45am Morning Tea**

**11.15am**

**Stephen Thomas**

*OHS Risk Consultant and President of the SIA SA Division*

## **Examining New and Emerging Issues in Occupational Disease**

OHS Implications of the Emerging Nanotechnology Industry.

- What is nanotechnology and what are nanoparticles
- The health and safety implications of exposure to nanoparticles
- What can be done to protect workers

**12.00pm**

**Sharon Pearson**

*Chief Executive Officer  
The Coaching Institute*

## **What About Me?**

### **– Methods to Prevent Burnout**

Understanding what resilience is, how to measure your own and how to build resilience into yourself and others.

In this 40 minute chat, Sharon Pearson, leading life coach and author, will explore the danger signs of burnout, and how to develop the resilience to manage any situation.

Resilience is being competent despite exposure to severe or chronic adversities. This may seem simple at first, but it is a constantly changing dynamic.

In this informative talk, Sharon will highlight how we can each develop the emotional muscle to not only cope but thrive in our environment.

Chat points:

- Defining burnout and recognising the warning signs
- Are you burned out? A quick quiz
- Emotional resilience – why we must have it
- How to master your emotional state for outstanding results

**12.40pm Lunch**

**1.30pm**

**Panel Discussion**

## **The Merits of Workplace Based Injury Management**

### **Sponsored Panel Member Positions Available**

*Panel: Claims Manager, Rehabilitation Coordinator, Doctor, Worker's solicitor, Employer's solicitor and Employer*

This session will look at the various advantages and disadvantages of both in-house and outsource injury management utilizing the viewpoints of the major stakeholders in the injury management process.

**2.10pm**

**Group Captain Leonard Lambeth**

*Defence Health Services*

*Department of Health*

## **Mental Health Strategy**

The Department of Defence has a Mental Health Strategy consisting of six major initiatives for the armed forces. Defence Health Services recognises the link between physical and psychological health and the importance of providing a multi-disciplinary approach to combat psychological injury.

**2.55pm Afternoon Tea**

**3.20pm**

**Deidre Anderson**

*Career Transition Specialist*

*Sydney Macquarie University Sport and Recreation Department*

## **Understanding the Process of Arriving at a Major Decision for Career Change Forced by Circumstance**

Deidre Anderson had more than a decade working with elite athletes like Cathy Freeman. She's now in academia as the Director of Sydney Macquarie University Sport and Recreation Department, and she was introduced to Ian Thorpe by another former Olympic great, Shane Gould, who realised he might need some help in sorting out his doubts.

In this session Deidre will relate the decision making process for career change in the elite athlete to that faced by the injured worker when circumstances dictate that they are unable or unwilling to return to their pre-injury occupation.

**4.05pm**

**Donaldson Walsh Lawyers**

## **Legal Update from the Tribunal**

Recent decisions and the impact on the Workers Rehabilitation & Compensation system.

**4.40pm Closing Remarks**

**4.50pm Drinks and Nibbles (30mins)**

**5.20pm Close**

# REGISTRATION

## Registration Details

**Registrations can be made at  
[www.nbassociates.com.au](http://www.nbassociates.com.au) or by email  
to [dm@nbassociates.com.au](mailto:dm@nbassociates.com.au) or fax  
the registration form to 08 8351 2988  
before close of business on Tuesday  
29th May 2007.**

The registration fee includes meals and refreshments.

Copies of presenters' papers will be available from the SISA website post-conference.

Confirmation of registration will be sent by email within 7 days of receipt of your registration.

Please keep a copy of this registration for your records.

Please note that the registration fee applies to one delegate registering. It is not possible to share one registration fee between several people.

SISA and nb&a events reserve the right to make changes to this program and speakers, in the event of any unforeseen circumstances which may arise.

## Cancellations

Should you be unable to attend, a substitute delegate is always welcome at no extra charge. Alternatively a full refund will be made for cancellations received in writing (letter, fax, email) up to 7 days before the conference.

For any event cancelled by SISA and/or nb&a events, registration fee is fully refundable.

For further information:

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nb&a events  
Phone: 0402 322 394 or 08 8351 2688  
Fax: 08 8351 2988  
Email: [dm@nbassociates.com.au](mailto:dm@nbassociates.com.au)

## Registration Form

Name \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

## Price (including GST)

**Early Member Registration Fee** (until 30 April 2007)  \$434.50

**Early Non Member Registration Fee** (until 30 April 2007)  \$544.50

**Late Member Registration Fee** (closing 29 May 2007)  \$544.50

**Late Non Member Registration Fee** (closing 29 May 2007)  \$654.50

Mobility or dietary requirements? Please specify.  Yes \_\_\_\_\_

Please tick this box if you do not want your details to appear on a list of delegates.

Please tick this box if you will be staying for post conference drinks & nibbles.

## How did you find out about this event?

Colleague or friend

Electronic Brochure

nb&a website

SISA website

Other - please indicate